

Michigan Department of Community Health



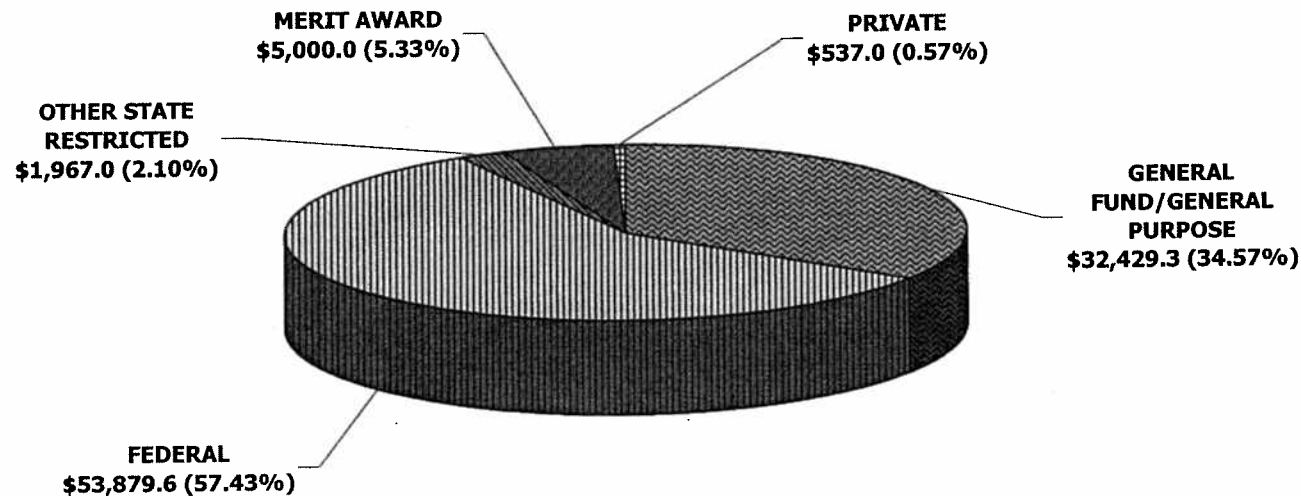
Office of Services to the Aging

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FY2010 OFFICE OF SERVICES TO THE AGING EXECUTIVE RECOMMENDATION BY REVENUE SOURCE



TOTAL: \$93,812.9

Reductions/Savings Proposals

- **Eliminate Senior Olympics - \$100.0 GF/GP**
- **Eliminate Indian Tribal Elders Funding - \$120.0 GF/GP**
- **Community Services - \$955.2**
- **Nutrition Services - \$697.2**
- **Senior Companion Program - \$124.9**
- **Foster Grandparent Program - \$173.9**
- **Retired & Senior Volunteer Program - \$48.8**

OSA Overview

Autonomous Agency (Type 1)

- Administrative oversight of 16 area agencies on aging and 50 non-profit organizations
- Approximately 412,000 older adults and caregivers served through the Older Americans Act and state-funded aging programs

Mission

- Independence and dignity for 1.6 million older Michigan citizens

Provides an array of services to older adults 60+ to help:

- Older adults stay active, engaged, healthy
- Develop local community capacity to respond to growing aging population
- Promote innovation in long term care
- Support family and informal caregivers
- Enable older adults to live in setting of choice
- Target those in greatest social, economic need

FY 2008 Service Highlights

- 63,100 older adults received in-home services
- 12,276 older volunteers served
 - Retired Senior Volunteers 10,421
 - Foster Grandparents 1,221
 - Senior Companions 634
- 542 older workers employed
- 87,873 older adults received community-based services
- 916,941 hours of service to caregivers
- 10,975,175 meals served
- 14,700 older adults served by Senior Project Fresh
- 1,294 clients had complaints resolved by the Long Term Care Ombudsman Program
- MiCAFE served 2,500 adults

2009-2010 State Plan Goals

- GOAL #1** Work to improve the health and nutrition of older adults
- GOAL #2** Ensure that older adults have a choice of where they live through improved access to information and services
- GOAL #3** Protect older adults from abuse and exploitation
- GOAL #4** Improve effectiveness, efficiency, and quality of services provided through Michigan's aging network and its partners

FY 2009 OSA Priorities

GOAL #1 Work to improve the health and nutrition of older adults

Disease Prevention/Health Promotion

- Received \$900,000 federal grant (3 years) to introduce/
embed evidence-based disease prevention programs into
aging and public health networks
 - Older adult consumers offered classes in exercise, nutrition,
self-care management, mental health, and balance - primary
prevention programs proven to reduce chronic disease risk and
help manage existing disease
 - Older adults who learn to manage chronic diseases utilize
health care systems less thus reducing overall costs for chronic
illness care and enhancing their quality of life
 - Empowers at-risk, older adults to make decisions regarding
their health thus allowing them to remain at home and avoid
long term care placement

FY 2009 OSA Priorities

GOAL #1 Work to improve the health and nutrition of older adults

Expand Senior Project Fresh

- Design a strategic plan to expand program
 - Goal is to enroll 83 counties to participate in program by 2010, an increase of 38 counties who participated in 2007
 - Identify counties to target for expansion based on household income, senior population, urban/rural distribution, racial/ethnic diversity

Continued Support of MICafe

- Senior food stamp outreach provided through Elder Law of Michigan

FY 2009 OSA Priorities

GOAL #2 Ensure that older adults have a choice in where they live through increased access to information and services

Long Term Care Reform

- Use person-centered planning approach with older consumers
- Promote efforts to increase number of direct care workers
- Implement Nursing Home Diversion Program

FY 2009 OSA Priorities

GOAL #2 Ensure that older adults have a choice in where they live through increased access to information and services

Nursing Home Diversion Program

- A second federal grant (\$650,000) continues to allow OSA to re-engineer and modernize publically-funded aging programs to:
 - Help older adults at imminent risk of nursing home placement, but not eligible for Medicaid, to avoid institutionalization and spend-down to Medicaid
 - Serve Veterans of any age at risk of nursing home placement and their caregivers, in partnership with the Veteran's Health Administration (new component)
 - Offer more affordable choice/greater control over services
 - Help people spend their own resources wisely to meet their LTC care needs
 - Improve access to services through single entry point systems
 - Allow flexibility in policies governing use of federal/state funds so services may be provided quickly

FY 2009 OSA Priorities

GOAL #2 Ensure that older adults have a choice in where they live through increased access to information and services

Innovation in Long Term Care Communities

- Culture change in institutional settings
- Green Houses - convene Michigan's first Green House Coalition

Housing

- Educate consumers, partners, private entities about housing for older adults and persons with disabilities
 - Provide information on senior housing, affordable home repair/modification, best practices, and financial resources for housing development
 - Promote affordable assisted living options

FY 2009 OSA Priorities

GOAL #2 Ensure that older adults have a choice in where they live through increased access to information and services

Communities for a Lifetime

- Established program for community self-assessment and improvement of assets
- Established CFL Recognition program; eight communities have been recognized for assessment/improvement
- Established CFL “toolkit” on the OSA website to provide assessment tools for interested community groups

FY 2009 OSA Priorities

GOAL #2 Ensure that older adults have a choice in where they live through increased access to information and services

Caregiver Support

- Maintain support system for caregivers
 - Promote statewide availability of caregiver support options, including respite, adult day services and specialized dementia care
 - Improve caregiver screening and assessment
- Services to caregivers
 - Empower caregivers to learn more about caregiver coping strategies and increase caregiving skills through education
 - Expand respite awareness to kinship caregivers

FY 2009 OSA Priorities

GOAL #2 Ensure that older adults have a choice in where they live through increased access to information and services

Dementia Program

- Creating Confident Caregivers
 - OSA received a three year grant of \$656,193 from the Administration on Aging to implement an evidence based program to support family caregivers of people with Alzheimer's disease and other dementias
 - Over \$591,000 of the OSA grant is allocated to five Area Agencies on Aging and their community partners: the Alzheimer's Association chapters, commissions on aging and senior centers
 - The Savvy Caregiver program provides caregivers with knowledge, skills and a confident attitude about caregiving
 - 210,000 Michigan residents with dementia
 - 70% are cared for at home by family members
 - Over 300,000 Michigan residents are caregivers to a family member with dementia

FY 2009 OSA Priorities

GOAL #3 Protect older adults from abuse and exploitation

Protections

- Support consumers in long term care system through the Long Term Care Ombudsman Program by providing assistance to long term care residents in resolving serious quality care issues, as well as advocacy.
- Provide training to law enforcement, judges, court officers on elder abuse, including domestic violence later in life
- Work to institute guardianship certification in Michigan
- Work to coordinate Michigan's senior legal services system
- Work with Legislators and Governor's office to implement recommendations of Governor's 2006 Elder Abuse Task Force

FY 2009 OSA Priorities

GOAL #4 Improve the effectiveness, efficiency, quality of services provided through Michigan's aging network and its partners

Data

- Increase utilization of data in decision-making
 - Use Aging Information System data for overall system improvement/service utilization

Trends

- Anticipate and prepare for emerging needs of the aging population and caregivers
 - Collect consumer information to determine current and future needs

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